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Claim 10. (Amended) The method as recited in claim 1, wherein the aqueous solution [further] comprises a mixture of inorganic and organic lactic acid salts.

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Claim 14. (Amended) A nutritional supplement for restoring a mammal's fluid, electrolyte and carbohydrate balance during exercise and subsequent recovery comprising:

10 an aqueous solution [of] comprising at least one lactic acid salt as a primary nutritional component of said solution in an amount sufficient to affect the mammal's fluid, electrolyte or carbohydrate balance during exercise and/or subsequent recovery.

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15 Claim 18. (Amended) The supplement as recited in claim 14, wherein the organic lactic acid salt comprises [L(+)-lactic acid] L(+)-lactate anion and at least one member selected from the group consisting of cations of L isomeric forms of basic amino acids.

In claim 22, replace "n ≥ 1" with --n > 1--.

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REMARKS

Claims 1-27, as amended, are present in the application. Applicant respectfully submits that the present amendments and the following remarks place the application in condition for allowance.

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The claims have been amended to address certain points arising from the outstanding office action. It is submitted that the present amendments are fully supported by the specification as filed and do not constitute new matter.